Dear League Teams,

Wilmot Recreational Centre has the below COVID-19 protocols in place for anyone entering the facility. Please notify all your team members, parents, spectators, and volunteers that will be visiting the facility to play games against New Hamburg (NHHA) teams.

https://www.wilmot.ca/en/things-to-do/covid-19-facility-guidelines.aspx

Face coverings are required for anyone entering the building as per the Waterloo Region bylaw. All bench staff members are to keep their face coverings during games while on the bench. Players may remove their face covering when putting on their helmet to step on the ice and must re-apply their face covering after exiting the ice.

https://www.regionofwaterloo.ca/en/face-covering-by-law.aspx#

Anyone entering the building is to complete a self pre-screen by using the link below. Anyone with symptoms of COVID-19 are to refrain from visiting the facility until they are at least 24 hours symptom free. If you live with someone who is experiencing COVID-19 symptoms, waiting for test results, or has tested positive on a rapid antigen test you must refrain from visiting the facility.

https://covid-19.ontario.ca/self-assessment/

Please ensure everyone respects the rules. To summarize for reference:

- 1. Stay at home if you're not feeling well or fail your self-screening.
- 2. self-screen before arriving.
- 3. Wear a face covering (as per Waterloo Region bylaw) unless engaged in sport.
- 4. Dressing room access is 30 minutes prior and 30 minutes after ice times.
- 5. No indoor dryland warm-ups allowed inside the facility or on the track by teams.
- 6. Player stretching can be done inside or outside the dressing rooms around the rink area.
- 7. Players should come pre-dressed as much as possible to limit contact.
- 8. Practice physical distancing (2 meters).
- 9. Use proper hygiene and wash hands frequently.

Thank you

**New Hamburg Hockey Association**